

MAY 2021

May 1. National Mother Goose Day: Try celebrating this nostalgic day by revisiting your favorite mother goose rhymes, share your favorites with your kids or grandkids, Try out some of the foods that are mentioned.

May 2. International Harry Potter Day: Celebrate the Battle of Hogwarts where Voldemort was defeated! Try out foods from the movie, watch the movies, dress up and have fun!

May 3. National Paranormal Day: Have fun with the paranormal. Watch your favorite ghost movies like Casper the Friendly Ghost, tell spooky stories around a fire, go on a ghost hunt.

May 4. Star Wars Day: Celebrate by having a Star Wars Marathon! Dress up, plan your trip to see the Star Wars world!

May 5. National Astronaut Day: Celebrate those who have gone to space. You can watch movies or documentaries, or read biographies about the different astronauts.

May 6. National Nurses Day: Thank those who help us when we get sick or hurt. Make a card or goodies to thank those who work hard for everyone.

May 7. National Space Day: We celebrate National Space Day on the first Friday in May. There is so much going on out there in the universe, it's amazing. Why not go stargazing and learn all about the constellations. If you do, you can always find your way back home!

May 8. National Have a Coke Day: Share a coke with a friend and celebrate the worlds largest soft drink company

May 9. Mother's Day: Show your mom, grandma and anyone who has been a mom to you (even if it's your dad) how much you love them and admire them!

May 10. National Clean Your Room Day: Start spring off right by cleaning up your room. Make it a game, donate your unneeded stuff to someone who could really use it.

May 11. National Twilight Zone Day: Always observed on May 11th, National Twilight Zone Day features mysterious twists and turns highlighted with eerie background music and unexplainable occurrences. To celebrate, watch some episodes of Twilight Zone, make hypnotizing pinwheels, or try to find out about superstitions from around the world.

May 12. National Limerick Day: With just five lines, the first two rhyming with the fifth line, and third and fourth lines rhyming together, limericks are quick, funny poems. See if you can create something fun today.

May 13. National Frog Jumping Day: Did you know that there are approximately 7,300 species of frogs around the world and the most colorful ones are the most poisonous? Study frogs in their natural habitat at a nearby pond or go to a local aquarium and read up on a few more facts about frogs. You may learn something new. For fun, have a race and see who can jump like a frog the fastest or furthest.

May 14. National Dance Like a Chicken Day: Come on and dance to 'The Chicken Dance Song,' of course! Whip out those famous 'beak' and 'wing' dance moves!

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May 15. International Day of Families: Founded by the United Nations (UN) in 1994, the International Day of Families is observed every May 15 to honor the importance of families. Why not have your family help out another family? Work on a family tree, or even have a family picnic.

May 16. National Barbeque Day: National Barbecue Day is celebrated every May 16 to serve as a reminder of the delicious food that Americans have access to. Go to a restaurant or have a grill in your own backyard. Just make sure you celebrate the day with fun!

May 17. National Pack Rat Day: Each year National Pack Rat Day encourages us to take a look at ourselves and see if we have “Pack Rat” tendencies within us. A Pack Rat holds on to, collects or hoards often unneeded items. See if you can help a family out by giving them something they may need that you already have. It’s a start!

May 18. National No Dirty Dishes Day: Have fun with this one. Eat out, use disposable but eco friendly dishes. Just don’t leave dishes in the sink.

May 19. National Devil’s Food Cake Day: Have a bake off with family to see who can make the best cake, or try out different bakeries take on the Devil’s food cake. Which one wins?

May 20. National Be a Millionaire Day: Try doing one thing that makes you feel like a millionaire. Go to a spa, test drive a fancy car, indulge in your favorite food or desert.

May 21. National Talk Like Yoda Day: Difficult it is not. Add the verb and subject at the end of your sentence in the order of object-subject-verb. Say ‘yes’ and ‘mmm’ for a bonus. Have a Star Wars marathon.

May 22. National Maritime Day: Learn about the Merchant Marines including the history of the Merchant Marine program, the U.S. Merchant Marine Academy, and the proud heritage of seafaring Americans.

May 23. National Taffy Day: Celebrated on May 23rd annually, you can enjoy a sweet confection that’s been around for at least 190+ years, if not longer. It’s a traditional treat that comes in a number of different colors and plenty of different flavors. There is even saltwater taffy—although we do have to say that it doesn’t actually contain ocean water, but may contain sea salt.

May 24. National Scavenger Hunt Day: Whether you’re planning a scavenger hunt for random items with your friends across a new town you just moved to, or a scavenger hunt for your kids in your backyard, both the planner and the players are likely to have a great time.

May 25. Towel Day: The hardcore fans of “Hitchhiker's Guide to the Galaxy” will be carrying a towel around for the day, so grab your towel and join in! Check out the towleday.org website and see what everyone else is up to on this day

May 26. National Paper Airplane Day: Let your inner child fly today! Make your own paper airplanes and have a contest to see who’s plane can go the furthest, fastest or make the best crashes!

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May 27. Nothing to Fear Day: Everyone is afraid of something. Today, why not try to take one off your list. It may be very hard, but once you do it, you can be proud of yourself!

May 28. National Hamburger Day: Did you know the hamburger originally started in Hamburg Germany? Celebrate this fun food by having a barbeque, go to a fast food place or just get creative with your toppings and try something new!

May 29. Learn About Composting Day: We all want to do our part to conserve natural resources and reduce our carbon footprint. Composting is not only an environmentally safe fertilizer but it can help you save water, energy, fuel, and money! It also keeps toxins from getting in our run-off and groundwater through the use of chemical based commercial fertilizers. The use of a natural fertilizer made from compost will make your garden hospitable to wildlife helpers like honeybees, hummingbirds and of course, worms!

May 30. Indianapolis 500 Day: Indianapolis 500 is the world's most iconic automobile race. Why not check it out with food and fun.

May 31. Memorial Day: Memorial Day is an American holiday, observed on the last Monday of May, honoring the men and women who died while serving in the U.S. military. Many Americans honor this day by visiting cemeteries, memorials and holding family gatherings. Some people wear red poppies in remembrance of the fallen soldiers. Why not learn about our military and soldiers this day, watch a movie about it or visit a military veteran.